

## **Review to the Proceedings of the 13th International Conference Days of Applied Psychology**

The International thematic proceedings presented at the 13<sup>th</sup> International conference of applied psychology is devoted to the bright spectrum of brand new topics in the field of applied psychology. Beside many up to date contents as the impact of social networking on the psychological characteristics of the adolescents, also classic topics as depression, suicidality, and mental health have been investigated and presented in the book.

The keyword lectures that opened the Conference were dealing with emotions, massive crisis situations, and suicide ideas. Emotions can express both happiness and suffering, so recognizing the differences in word and faces can be used as a powerfull diagnostic tool.

Dealing with emotions of anger, fear, and sadness in massive crisis situations can sometimes impact the whole life, whereby there are many possibilities but also many limits in the psychological support of the survivors.

Suicide can be the final destination of depression in adolescents. To be able to prevent the suicide, it would be even more important to predict it analyzing the passive and active suicide ideas as a part of personalized psychology.

Concerning the mental health of the children, the analysis of the results indicate that positive feelings of children concerning their family environment, their satisfaction with family life, as well as the way each of them perceives parental education, have a major role in their perception and subjective experience of their own possibilities in both academic and social, as well as emotional domain.

The impact of the virtual reality and internet has been investigated in several studies within this important proceedings showing that both teenagers and adults using internet can experience various forms of cyberbullying on a daily basis. The authors conclude that the observed tendencies deserve more detailed investigation.

The obtained results of another study in this proceedings are consistent with theoretical findings that the internet can serve as a compensatory place, more appropriate for emotionally unstable individuals, predominantly introverts. Also, respondents who use Instagram in addition to Facebook are more inclined to making selfie photos, so it is assumed that the functions of self-presentation and socialization are more pronounced on this social network, which may be the subject

of interest in some future research. The obtained findings provide some new information concerning the structure of relations between measured constructs. Because of the low percentage of explained variance and unequal gender distribution on sample, results should be interpreted with caution.

Also several studies have been conducted using students as probands leading to very important conclusions regarding some phenomena as procrastination and Self-esteem.

Locus of control and self-esteem seem to be significant predictors of youth life satisfaction.

Another study indicates the importance and possibilities of applying sociometry in educational research, as well as in teachers' practices, making it possible to notice the sociometric status of each student by using sociometry, which could be the basis for the improvement of social relations among students.

Learning of the students is also a very important topic. The results show that students who acquire knowledge based on the experience and conduct (self) evaluation, could observe teaching process in a better way, and show higher interest in teaching process than the students who do not acquire knowledge based on experience and do not conduct (self) evaluation. Emotional expression has already been showed as an important tool in the applied psychology. In one study, the results showed that the video elicits compassion in participants watching it and it can be used for further research on compassion.

One interesting study points the importance of the clinical differential analysis of the affects in persons with criminal behavior - which is important not only for better understanding of the criminal mind, but also for prevention of criminal acts and better treatment in the field of forensic psychiatry.

Another very interesting paper have been dedicated to the never ending topics of the connection between psychology and art leading to conclusion that this two themes can be, but should not be treated separately. Presenting the theoretical analysis of Sigmund Freud and Jung and comparing their theories with contemporary statements, leads to deeper understanding of art and psychology as internal and deep parts of the human personality.



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